

Variable	Mean	SD	Min	Max
Age	35.2	12.5	18	65
Gender	Male	Female		
Marital Status	Married	Single		
Education	High School	College		
Income	\$15,000	\$25,000	\$5,000	\$40,000
Health Status	Good	Fair	Poor	
Exercise Frequency	Weekly	Monthly	Never	
Stress Level	Low	Medium	High	
Sleep Quality	Good	Fair	Poor	
Dietary Habits	Healthy	Unhealthy		
Alcohol Consumption	Occasional	Frequent		
Tobacco Use	Non-user	User		
Family Size	2	3	1	5
Work Hours	40	45	30	50
Job Satisfaction	High	Low		
Life Satisfaction	High	Low		
Overall Health Score	75	10	50	100

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